

# BEFORE YOU GO, KNOW WHERE TO GO AND WHEN – How to make the best choice.



AT WORK

## WELLNESS CENTER

*Services offered at no additional cost*

### When to visit:

- Monday-Thursday, 7am - 6pm
- Friday, 7am - 5pm
- Convenience of care in Avon, Brownsburg, Danville, Plainfield and Indianapolis

### Services and Symptoms:

- Comprehensive annual physicals that include health risk assessments
- Adult Immunizations
- Colds, cough or flu
- Ear infection
- **Chronic illness management (Diabetes, Hypertension, High Cholesterol)\***
- **Nausea or diarrhea\***
- Rash, skin condition or pink eye
- Women's wellness visits
- Urinary tract infection
- Sexual health testing
- **Referrals (Radiology, Specialties, etc.)\***
- **Care navigation (Mental Health)\***
- Pharmacy services that include a formulary of medications
- Lab formulary services
- **Wellness program opportunities\***
- Migraine headache
- Minor pain, sprains, or swelling, but still able to move or walk

## IMMEDIATE CARE CENTER

*Deductibles and copays may apply*

### When to visit:

- Evening, weekend and holiday hours available
- Convenience of care in Avon, Brownsburg and Plainfield
- No appointment necessary

### After-Hours Symptoms:

- Colds, cough or flu
- Nausea or diarrhea
- Ear infection
- Treatment of minor allergic reactions or attacks
- Dizziness or dehydration
- Urinary tract infection
- Minor burns, cuts, lacerations or bites
- Broken bone
- Rash, skin condition or pink eye
- Migraine headache
- Minor pain, sprains, or swelling, but still able to move or walk

## EMERGENCY DEPARTMENT

*Deductibles and copays may apply*

### When to visit:

- Acute, traumatic medical needs
- No appointment necessary

### After-Hours Symptoms:

- Persistent chest pain
- High fever or fever in an infant
- Stroke or heart attack symptoms
- Serious head injury or eye injury
- Accidental ingestion of foreign substance or object
- Severe pain, swelling or immobility in joint or muscle
- Joint or body part is immobile or appears misshapen
- Trouble breathing
- Excessive bleeding or cuts that require stitches
- Seizure
- Sudden, severe headache
- Severe allergic reaction or attack
- Accident
- Trauma

*\* Some appointments can be completed virtually through MyChart. Please call (317) 838-WELL(9355) if you are interested in a virtual visit.*

**Hendricks.org/WellnessCenters or call (317) 838-WELL (9355)**

# HENDRICKS REGIONAL HEALTH EMPLOYER WELLNESS CENTERS

## A QUICK GUIDE: Locations, Hours & Contact Information

### Brownsburg Wellness Center

1411 S. Green St., Suite 220  
Brownsburg, IN

**Mon:** 7am – 6pm (closed 12pm – 1pm)  
**Tue:** 10am – 1pm  
**Wed:** 7am – 6pm (closed 12pm – 1pm)  
**Thur:** 10am – 1pm  
**Fri:** 10am – 5pm

The Wellness Center is located on the second floor of the Hendricks Regional Health Brownsburg Medical Building. Reserved parking is located at the front of the main entrance of the building.

### Wayne Township Wellness Center

602 N. High School Rd., Suite C  
Indianapolis, IN

**Mon:** 7am – 5pm  
**Tue:** 7am – 5pm (closed 11am – 12pm)  
**Wed:** 7am – 4pm (closed 11am – 12pm)  
**Thur:** 7am – 5:30pm  
**Fri:** 7am – 5pm (closed 12–1pm)

The Wellness Center is located in the back left hand corner of the medical complex in Suite C. Reserved parking is at the front of the entrance to the Wayne Township Wellness Center.

### DANVILLE

Rockville Road



### Danville Wellness Center

1555 E. Main Street  
Danville, IN

**Mon:** 2pm – 5pm  
**Tues:** 7am – 1pm  
**Wed:** 2pm – 5pm  
**Thurs:** 2pm – 5pm  
**Fri:** 7am – 9am

The Wellness Center is located on the corner of East Main Street and Manor Drive. Reserved parking is located on the West side of the building.

### BROWNSBURG

136

74

### AVON

36

Dan Jones Road

### PLAINFIELD

40

267

136

70

465

### Avon Wellness Center

8244 E. U.S. Hwy 36, Suite 1310  
Avon, IN

**Mon:** 10am – 1pm  
**Tues:** 2pm – 6pm  
**Wed:** 7am – 12pm  
**Thurs:** 7am – 9am  
**Fri:** 2pm – 5pm

The Wellness Center is located on the third floor of the Hendricks Regional Health Avon Medical Center. Parking is located at the front of the Immediate Care entrance of Building Two.

### Plainfield Wellness Center

1100 Southfield Dr., Suite 1312  
Plainfield, IN

**Mon:** 7am – 9pm  
**Tue:** 7am – 6pm (closed 12pm – 1pm)  
**Wed:** 1pm – 5pm  
**Thurs:** 7am – 6pm (closed 12pm – 1pm)  
**Fri:** 8am – 12pm

The Wellness Center is located on the third floor of the Hendricks Regional Health Plainfield Medical Center. Reserved parking is at the front of the building.