



AVON - YMCA

301 Satori Parkway
Avon, IN 46123
(317) 272-4186

RYAN MCNEELY, DPT, OCS



PRACTICING IN:

Physical Therapy - *Senior Staff Member*

CERTIFICATIONS:

Orthopedic Clinical Specialist (OCS)
Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Indiana University (BS)
Doctoral: Indiana University (DPT)

INTERESTS:

Sports Medicine and Orthopedics, Running Injuries,
Video Analysis, Foot Biometrics

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

AMY BURKHOLDER, MPT



PRACTICING IN:

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)
Pilates Mat & Reformer Certification

EDUCATION:

General: Taylor University (BA)
Graduate: University of Indianapolis (MS, PT)

INTERESTS:

Orthopedics, Sports Rehabilitation, Manual Therapy, Pilates,
Post-partum Pilates

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

MEGAN EVERETT, DPT



PRACTICING IN:

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: University of Indianapolis (BS)
Doctoral: University of Indianapolis (DPT)

INTERESTS:

Orthopedics, Sports Injuries, Vestibular Rehabilitation

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

JENNIFER HALL, OT, CHT, MSED



PRACTICING IN:

Occupational Therapy
Augmented Soft Tissue Mobilization (ASTYM)

CERTIFICATIONS:

Certified Hand Therapist (CHT)

EDUCATION:

General: Indiana University (BS, OT)
Graduate: Indiana University (MSEd)

INTERESTS:

Hand Therapy, Orthopedics, Pediatrics

PROFESSIONAL MEMBERSHIPS:

American Occupational Therapy Association (AOTA)
Indiana Occupational Therapy Association (IOTA)

SHANDLI JOYCE, DPT, CLT, ATC, LMT**PRACTICING IN:**

Physical Therapy

CERTIFICATIONS:

Certified Lymphedema Therapist (CLT)
Certified Athletic Training (ATC)
Licensed Massage Therapist (LMT)
Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: University of Evansville (BS)
Doctoral: University of Evansville (DPT)

INTERESTS:

Women's Health, Lymphedema, Orthopedics

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

ANN SWIHART, PT**PRACTICING IN:**

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Northwestern University (BS, PT)

INTERESTS:

Orthopedics; Back care; Sports injuries; Pediatrics;
Wellness

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

CHRISTINE TRAUB, MPT**PRACTICING IN:**

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Manchester College (BS)
Graduate: Northwestern University (MS, MPT)

INTERESTS:

Orthopedics, Manual Therapy, Orthotics, Sports
Rehabilitation, Running injuries

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

CHRISTINE WILSON, DPT, CLT**PRACTICING IN:**

Physical Therapy

CERTIFICATIONS:

Certified Lymphedema Specialist (CLT)
Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: University of Indianapolis (BS)
Doctoral: University of Indianapolis (DPT)

INTERESTS:

Cancer Related Issues, Lymphedema, Manual Lymphatic
Drainage Therapies, Medical Mission Trips, Neurological
Therapies, Orthopedics/Sports Related Injuries, Pregnancy,
Women's Health/Pelvic Floor

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

BROWNSBURG

65 E. Garner Road, Suite 100
Brownsburg, IN 46112
(317) 858-9400

DOUG WYNEKEN, PT



PRACTICING IN:

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Virginia Commonwealth University (BS)
Indiana University (PT)

INTERESTS:

Orthopedics, Sports Rehabilitation

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

JUSTIN BECKER, DPT



PRACTICING IN:

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Indiana University (BS)
Doctoral: University of Indianapolis (DPT)

INTERESTS:

Orthopedics, Sports Rehabilitation, Manual Therapy

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)

DANVILLE

1000 East Main Street
Danville, IN 46122
(317) 745-3420

SHANE SOMMERS, PT, MS, OCS, CSCS



PRACTICING IN:

Physical & Occupational Therapy / Sports
Medicine - *Director*

CERTIFICATIONS:

Orthopedic Clinical Specialist (OCS)
Certified Strengthening and Conditioning
Specialist (CSCS)
Certified Healthcare Manager
Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: University of Indianapolis (BS)
Graduate: Duke University (MS, PT)

INTERESTS:

Orthopedics/Sports Related Injuries; Foot Biomechanics,
Video Analysis,

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA) - *President*

GREG WILLHELM, DPT, OCS, ATC, CSCS



PRACTICING IN:

Physical Therapy - *Senior Staff Member*

CERTIFICATIONS:

Orthopedic Clinical Specialist (OCS)
Athletic Trainer, Certified (ATC)
Certified Strengthening and Conditioning Specialist (CSCS)
Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: University of Indianapolis (BS, Athletic Training)

Doctoral: University of Indianapolis (DPT)

INTERESTS:

Orthopedics, Sports Medicine, Pediatrics

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)

Indiana Physical Therapy Association (INAPTA)

National Athletic Training Association (NATA)

Indiana Athletic Training Association (IATA)

NATE AUSTIN, DPT**PRACTICING IN:**

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Indiana University (BS)

Doctoral: Indiana University (DPT)

INTERESTS:

Orthopedics, Post Operative Rehab, Manual Therapy Techniques, Throwing athletes

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)

ALLISON BAUMAN, DPT**PRACTICING IN:**

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: University of Indianapolis (BS)

Doctoral: University of Indianapolis (DPT)

INTERESTS:

Acute Care, Pediatrics, Wound Care

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)

Indiana Physical Therapy Association (INAPTA)

JENNIFER BOSTON, PT**PRACTICING IN:**

Physical Therapy

EDUCATION:

General: Indiana University (PT)

Cincinnati Christian University (BS)

INTERESTS:

Outpatient, Inpatient, Manual Therapy

JENNIFER COOK, MS, OTR**PRACTICING IN:**

Occupational Therapy

EDUCATION:

General: Indiana University (BA)

Graduate: University of North Carolina (MS, OT)

INTERESTS:

Pediatrics, Hand Therapy, Acute Trauma, Burns

PROFESSIONAL MEMBERSHIPS:

American Occupational Therapy Association (AOTA)

Indiana Occupational Therapy Association (IOTA)

LUCINDA DALE, EDD, OT, CHT, FAOTA**PRACTICING IN:**

Occupational Therapy

CERTIFICATIONS:

Certified Hand Therapist (CHT)
Fellow of the American Occupational Therapy Association

EDUCATION:

General: Indiana University (BS, OT)
Graduate: Indiana University (MS)
Ball State University (EdD)

INTERESTS:

Hand Therapy, Orthopedics, Acute Care, Research and Outcomes Measurement

PROFESSIONAL MEMBERSHIPS:

American Occupational Therapy Association (AOTA)
Indiana Occupational Therapy Association (IOTA)

BRIAN HILTS, DPT**PRACTICING IN:**

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Wabash College (BA)
Doctoral: University of Indianapolis (DPT)

INTERESTS:

Orthopedics, Sports Related Injuries

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

RACHEL HUMMEL, MOT**PRACTICING IN:**

Occupational Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: University of Indianapolis (BS)
Graduate: University of Indianapolis (MOT)

INTERESTS:

Hand Therapy, Neurology, Orthopedics

PROFESSIONAL MEMBERSHIPS:

American Occupational Therapy Association (AOTA)
Indiana Occupational Therapy Association (IOTA)

LISA KASHER, JD, MBA, PT**PRACTICING IN:**

Physical Therapy

CERTIFICATIONS:

Certified Healthcare Manager

EDUCATION:

General: University of Wisconsin-LaCrosse (BS, PT)
Graduate: Indiana University (MBA)
Juris Doctor: Indiana University-Robert H. McKinney School of Law

INTERESTS:

Acute Care, Orthopedics-Sports Medicine; Uro-gynecology; Lymphedema Management

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

JULI KRIZAN, MPT**PRACTICING IN:**

Physical Therapy

EDUCATION:

General: University of Evansville (BS, MPT)

INTERESTS:

Acute Care, Neurological Rehabilitation, Parkinson's Disease

JOHN LAUTENSCHLAGER, PT, CWS



PRACTICING IN:

Physical Therapy
Wound Care

CERTIFICATIONS:

Certified Wound Specialist (CWS)
Certified Lymphedema Specialist
Certified Diabetic Wound Specialist

EDUCATION:

General: IUPUI
Graduate: University of Health Sciences / The Chicago
Medical School

INTERESTS:

Wound Care, Orthopedics, Lymphedema, Nerropathic
Feet

PROFESSIONAL MEMBERSHIPS:

American Academy of Wound Management (AAWM)

SHANNON LEWIS, DPT

PRACTICING IN:

Physical Therapy

EDUCATION:

General: University of Indianapolis (BS)
Doctoral: University of Indianapolis (DPT)

INTERESTS:

Orthopedics, Pediatrics, Acute Care, Vestibular Rehab

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)



LISA MEHRINGER, DPT



PRACTICING IN:

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)
Sportsmetrics ACL Prevention Certification

EDUCATION:

General: Indiana State University (BS)
Doctoral: University of Indianapolis (DPT)

INTERESTS:

Outpatient Orthopedics, OB Population, Sports Injuries

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

KATRINA MENDENHALL, PT



PRACTICING IN:

Physical Therapy

CERTIFICATIONS:

Mechanical Diagnosis & Therapy (MDT)
Augmented Soft Tissue Mobilization (ASTYM)
Vestibular Certification

EDUCATION:

Indiana University (BS, PT, MDT)

INTERESTS:

Vestibular and Balance; Perinatal; Oncology Rehab;
Women's Health/Pelvic Floor; Spine, Lymphedema,
Orthopedics

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

CARMEN PALANCA, OTR, CDRS



PRACTICING IN:

Occupational Therapy

CERTIFICATIONS:

Certified Driver Rehabilitation Specialist (CDRS)

EDUCATION:

General: Indiana University (BS, OTR)

INTERESTS:

Driving Rehabilitation, Acute Care

PROFESSIONAL MEMBERSHIPS:

American Occupational Therapy Association (AOTA)
Indiana Occupational Therapy Association (IOTA)
Association for Driver Rehabilitation Specialists (ADED)
National Mobility Equipment Dealers Association (NMEDA)

TERRILL REED-WILKINSON, MS, PT



PRACTICING IN:

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Marian College (BS)
Graduate: University of Indianapolis (MS, PT)

INTERESTS:

Orthopedics; Sports Rehab; Pediatrics, Manual Therapy,
Balance and Vestibular Rehab

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

AMANDA REIDER, MOT



PRACTICING IN:

Occupational Therapy

EDUCATION:

General: University of Indianapolis (BS)
Graduate: University of Indianapolis (MOT)

INTERESTS:

Acute Inpatient Therapy, Pediatrics

PROFESSIONAL MEMBERSHIPS:

American Occupational Therapy Association (AOTA)

MATT TRICKER, PTA



PRACTICING IN:

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Michiana College (PTA)

INTERESTS:

Orthopedics, Acute Care, Mechanical Diagnosis,
Therapy (McKenzie), Augmented Soft Tissue
Mobilization (ASTYM)

TANYA VANDENBERG, PT



PRACTICING IN:

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Indiana University (BS, PT)
Purdue University (BS, Movement & Sports Science)

INTERESTS:

Orthopedics; Sports injuries; Aquatic Therapy; Vestibular Rehab

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

PLAINFIELD

1100 Southfield Drive
Plainfield, IN 46168
(317) 838-3434

KEITH GROPPPEL, PT, MS, OCS**PRACTICING IN:**

Physical Therapy - *Senior Staff Member*

CERTIFICATIONS:

Orthopedic Clinical Specialist (OCS)
Certified Functional Capacity Evaluator (CFCE)
Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

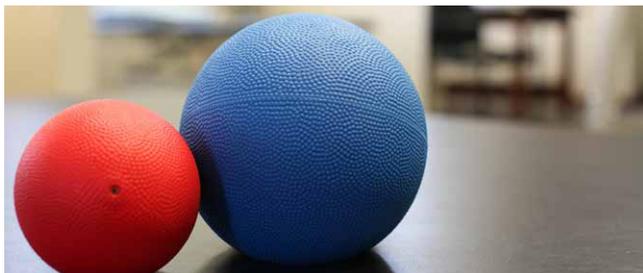
General: Eastern Illinois University (BS)
Graduate: University of Indianapolis (MS, PT)

INTERESTS:

Orthopedics, Sports Related Injuries, Biomechanical Video Analysis, Spine Care

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)
American Academy of Orthopedic and Manual Physical Therapist (AAOMPT)

**KATHY BRENTON, MHS, PT****PRACTICING IN:**

Physical Therapy
Aquatic Therapy

CERTIFICATIONS:

Certified Functional Capacity Evaluator (CFCE)
Augmented Soft Tissue Mobilization (ASTYM)
ATRI Certification in Back, Hips and Total Joint Replacement

EDUCATION:

General: Indiana University (BS, PT))
Graduate: University of Indianapolis (MHS)
Orthopedic Tract

INTERESTS:

Neurology; Orthopedics, Aquatic Therapy

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

DAVE CANDY, PT, DPT, OCS, ATC, FAAOMPT**PRACTICING IN:**

Physical Therapy

CERTIFICATIONS:

Orthopedic Certified Specialist (OCS)
Athletic Trainer, Certified (ATC)
Fellow of the American Academy of Orthopedic Manual Physical Therapists (FAAOMPT)
Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: University of Pittsburgh (BS)
Doctoral: University of Pittsburgh (DPT)

INTERESTS:

Orthopedics, Spine Care, Sports Injuries

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)
American Academy of Orthopedic and Manual Physical
Therapist (AAOMPT)
National Athletic Trainers Association (NATA)

CHRISTEN GAUNT, MS, OTR, CEAS**PRACTICING IN:**

Occupational Therapy

CERTIFICATIONS:

Certified Ergonomics Assessment Specialist (CEAS)
Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Anderson University (BA)
Graduate: University of Indianapolis (MS, OT)

INTERESTS:

Orthopedics, Hand therapy, Pediatrics, Ergonomic
Assessments

PROFESSIONAL MEMBERSHIPS:

American Occupational Therapy Association (AOTA)
Indiana Occupational Therapy Association (IOTA)

CHAD KURCZAK, DPT**PRACTICING IN:**

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Ball State University (BS)
Doctoral: Indiana University (DPT)

INTERESTS:

Orthopedics, Sports Medicine, Back to Golf

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

CINDY MYERS, PT, DHS, CEAS, CFCE**PRACTICING IN:**

Physical Therapy

CERTIFICATIONS:

Certified Ergonomic Analysis Specialist (CEAS II)
Certified Functional Capacity Evaluator (CFCE)
Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Wheaton College (BS)
Graduate: University of Indianapolis (MS, PT)
Doctoral: University of Indianapolis (DHS)

INTERESTS:

Stress Management; General Orthopedics; Spine, Nerve
Injury/Irritation, Chronic Health Conditions/Chronic Pain,
TMJ, Facial Rehab, Patient-Clinician Communication;
Grant Writing

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)
American Association of Chronic Pain Neuropathy Association
International Association for the Study of Pain
Neuro Orthopedic Institute: NOI Group Grantsmanship

LISA SUMMERLOT, DPT**PRACTICING IN:**

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Indiana University (BS, PT)
Doctoral: University of Indianapolis (DPT)

INTERESTS:

Orthopedics, Manual Therapy, Lumbopelvic hip dysfunction

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)

KELLY B. THOMAS, PT**PRACTICING IN:**

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Indiana University (BA, PT)

INTERESTS:

Orthopedics, Aquatic Therapy, Tai Chi Fundamentals

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)
Indiana Physical Therapy Association (INAPTA)

KERRY VERME, PT**PRACTICING IN:**

Physical Therapy

CERTIFICATIONS:

Augmented Soft Tissue Mobilization (ASTYM)

EDUCATION:

General: Indiana University (BS, PT)

INTERESTS:

Orthopedics, Sports Rehabilitation, Balance/Vestibular Rehabilitation

PROFESSIONAL MEMBERSHIPS:

American Physical Therapy Association (APTA)

