

## SUPPORTIVE CARE

Our patient-centered approach to cancer care includes offering many supportive resources to help with the medical, emotional and social issues that can accompany a cancer diagnosis. Here is an overview of the programs available for cancer patients and their families.

### Patient Cancer Navigator Program

The navigator program is designed to help patients and their loved ones cope during the life changing experience that is cancer. Our navigator is a Registered Nurse trained to help with:

- setting up appointments and chemotherapy
- educating the patient and family about the cancer diagnosis and treatment side effects
- arranging devices, wigs or homecare needs
- connecting patients and families with available support groups
- assisting with insurance issues/financial concerns

### Patient Education and Support Programs

We partner with the American Cancer Society to offer programs for patients to learn and get support.

#### Look Good... Feel Better®

Teaches women how to better manage the appearance-related side effects of cancer treatment.

#### Road to Recovery®

Provides transportation to and from treatment for patients who do not have a ride or are unable to drive themselves.

#### Reach to Recovery®

Breast cancer survivors support current breast cancer patients during their treatment journey.

### Cancer Resource Center and Library

The Cancer Resource Center is available through a unique partnership with the American Cancer Society. The Center offers cancer literature, a computer with printer for cancer research and a private room for watching a DVD or reading. Open Wednesdays 9 a.m. to 2 p.m.

## COMPLEMENTARY RESOURCES

Many of our patients find that complementary care is beneficial during their treatment journey to promoting healing and improve quality of life.

It is important to talk with your medical team about any complementary care you are receiving, and also to use them as a resource for questions or concerns. Complementary options at Hendricks Regional Health may include:

### Chaplaincy/Pastoral Care

The chaplaincy department is available to meet the spiritual and emotional needs of patients and their families throughout their cancer journey.

### Nutrition Support

Eating the right foods during treatment can help patients feel better and stay stronger. Nutrition counseling is available to all patients undergoing cancer treatment. Our dietitians work closely with the patient's medical team to identify opportunities for nutritional support.

### Cancer Support Group

A support group for patients and caregivers is available.

### Paws to Pet Program

Specially trained dogs help provide a soothing emotional experience that can provide a positive impact for our patients. The canine companions provide compassion that families appreciate in times of need.

### Massage Therapy

Patients staying in the hospital have access to trained massage therapists. Some of the benefits include promoting rest and helping to alleviate discomfort.

### Wellness

After treatment, get help managing your overall health with a partner. Through one-on-one coaching, wellness nurses can help patients increase physical activity, manage stress and more. In addition, we offer a wide variety of low-cost fitness classes to the community.

### Acupuncture

Dr. Joseph Herr, board-certified neurologist, offers acupuncture services at Hendricks Neurology.

## TREATMENT SERVICES

Cancer services at Hendricks Regional Health include:

### Radiation Oncology Care

The Hendricks Regional Health Cancer Center staff has earned recognition for its dedication to our Treat People Better philosophy. We utilize the latest technology with intensity modulated radiation therapy (IMRT), Image Guided Radiation Therapy (IGRT), and Three-Dimensional Computerized Treatment Planning for any cancer diagnosis including specialized prostate treatment.

Each patient receives an individualized plan that optimizes treatment while minimizing damage to surrounding healthy tissue. In addition to treatments, patients can take advantage of nutrition consultations and other supportive care

### Oncology Infusion Center

For many patients, chemotherapy is part of their treatment plan. The Hendricks Oncology Infusion Center provides chemotherapy through a partnership with the board-certified oncologists of American Health Network.

The Center also includes an on-site pharmacist to ensure the safest care possible while also supporting the medical specialists and nursing staff. Everyone works together to make sure patients are at ease and have the education they need to better manage their treatment side effects.

### Advanced Surgical Care

Treating cancer sometimes includes a surgical procedure such as a biopsy, aspiration or removal of a tumor. Our board-certified surgeons are supported by a Magnet® accredited nurses and the latest technology to offer advanced surgical care to patients.

### Managing Discomfort

Our pain specialists take a collaborative approach to relieve cancer-related pain and discomfort so patients can better cope and heal.

### Therapy for Speech and Swallowing

Our speech pathologists can help patients with head or neck cancer maintain or restore optimal swallowing and speech function.

### Lymphedema Management

Lymphedema, a build-up of lymph fluid, can become a problem for patients after surgery or radiation treatment. Our physical therapists are specially trained in lymphedema intervention.

### Clinical Trials

For many patients, exploring clinical trials related to their treatment can be useful. Our clinical staff can assess your care and help determine available options.

## COMMITMENT TO QUALITY

Our team focuses on giving high quality care. We believe that means going the extra step to ensure the quality of the services we provide by becoming accredited by many national organizations.

### Cancer Services

*American College of Surgeons' Commission on Cancer* – approved with commendation for our commitment to quality improvement.

*American College of Surgeons' National Accreditation of Breast Centers (NAPBC)* – our Women's Center is among only 250 breast centers with this prestigious designation.

*American College of Radiology* – named a Breast Imaging Center of Excellence for accreditation in all breast care modalities.

### Radiology/Imaging

*American College of Radiology* – accredited in CT, MRI, nuclear medicine, digital mammography, ultrasound, breast ultrasound and biopsy and stereotactic guided breast biopsy.

### Laboratory

*College of American Pathologists* – ensures stringent quality assurance guidelines are met.

## CONTACT US

*We encourage all patients to review this information sheet regularly during their cancer journey. At any time if you think you can benefit from a service, please discuss it with your healthcare team so we can assist in getting you access to all the resources you need.*

### Useful Numbers

- Cancer Center and Support Groups Avon – (317) 272-3636
- Oncology Infusion Center Danville – (317) 718-8591
- Patient Navigator Program Danville – (317) 718-4747
- Women's Center/Mammography Danville – (317) 745-3404
- Cancer Resource Center and Library – (317) 718-6752
- American Cancer Society Patient Resource Center (service available 24/7) – (800) 227-2345