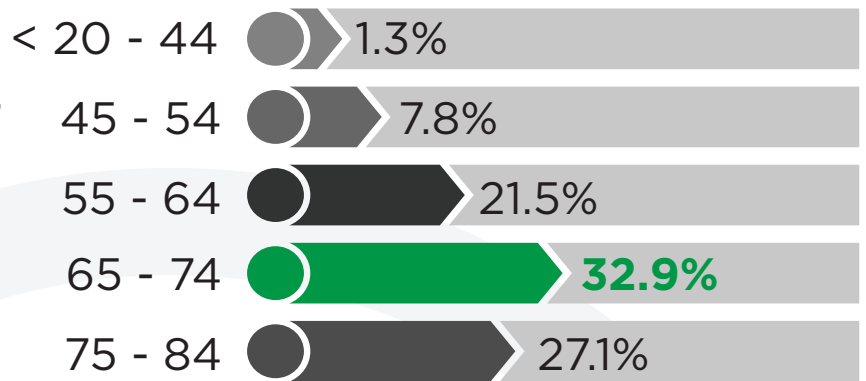


# Cigarette smoking is the **#1** risk factor for lung cancer

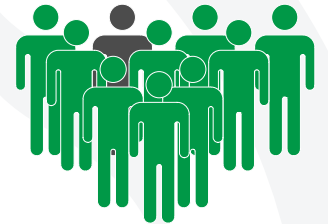


Most common ages of lung cancer diagnosis:

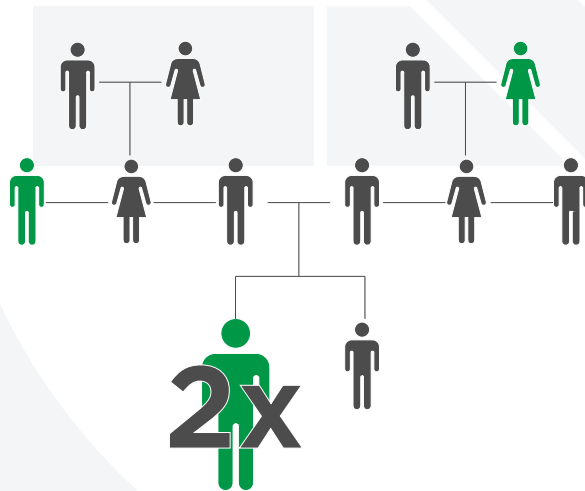
**65 - 74**



**18%**  
5 - Year  
Survival Rate



**9** out of **10**  
cases of men  
with lung cancer  
smoked



People with a relative who smoked are **twice as likely** to smoke and develop lung cancer



**8** out of **10**  
cases of women  
with lung cancer  
smoked

**DID YOU KNOW?**

**Lung cancer is the #1 killer** of both men and women in the United States, claiming more lives than breast, ovarian, colon, kidney, melanoma, prostate and testicular cancers combined. Screening has been proven to reduce lung cancer deaths by 20 percent.<sup>1</sup>

Just as there is no routine lung cancer, there is no routine lung cancer screening program. At Hendricks Regional Health our lung cancer screening program provides at-risk individuals with a “one-stop shop” screening program, which is staffed by our team of lung cancer specialists whose sole focus is on the prevention, detection and treatment of lung cancer.

## HENDRICKS REGIONAL HEALTH EARLY LUNG CANCER DETECTION

- Includes one low-dose CT scan each year
- Provides real-time reading of the low-dose CT scan by a radiologist who is an expert in lung cancer
- Availability for same-day appointment with a smoking cessation expert, if requested

## Patients must meet the following criteria in order to be eligible for screening:

- 55-77 years of age
- No current history of lung cancer
- Tobacco history of at least 30 pack years  
*(one pack year = smoking one pack per day for one year; 1 pack = 20 cigarettes)*
- Current smoker or one who has quit within the last 15 years
- Has not had a CT scan of the chest within the past 12 months

## RISK LEVELS

High Risk		Moderate Risk	Low Risk
<ul style="list-style-type: none"> <li>• 55 - 74 years old</li> <li>• 30 or more pack years of smoking</li> <li>• Quit smoking less than 15 years ago</li> </ul>	<ul style="list-style-type: none"> <li>• Over 55 years old</li> <li>• 20 or more pack years of smoking</li> <li>• Other risk factor(s) <small>(other than second-hand smoke) Ex: Severe COPD, Idiopathic pulmonary fibrosis</small></li> </ul>	<ul style="list-style-type: none"> <li>• Over 50 years old</li> <li>• 20 or more pack years of smoking or contact with second-hand smoke</li> <li>• No other risk factors</li> </ul>	<ul style="list-style-type: none"> <li>• Less than 50 years old and/or</li> <li>• Less than 20 pack years of smoking</li> </ul>
<p><b>Screening is an option.</b> Engage in shared decision-making discussion with your doctor. This conversation is an opportunity for you and your doctor to share information, weigh the options and agree on the best plan.</p>		<p>Stop Smoking <b>Screening is not an option at this time.</b></p>	<p>Stop Smoking <b>Screening is not an option at this time.</b></p>

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